

FODMAPs and the Control of Gastrointestinal Symptoms: A PRACTICAL WORKSHOP FOR DIETITIANS

Friday 6th November (9.00am-4.30pm) Level 3, 5 Arnold St, Box Hill (see map)

SCHEDULE OF EVENTS

- 9.00am Registration
- 9.30am Welcome - Professor Peter Gibson
- 9.35am Functional gut disorders: the medical perspective**
Professor Peter Gibson
- 10.00am Efficacy of the low FODMAP diet**
Dr Sue Shepherd
- 10.30am Morning tea - FODMAP friendly**
- 11.00am FODMAPs in the gut: Mechanisms of action**
Jaci Barrett
- 11.30am FODMAP Food Composition and future areas of research**
Dr Jane Muir
- 12.00pm Other potential triggers for gastrointestinal symptoms:
Gluten intolerance- Does it really exist?**
Jess Biesiekierski (PhD candidate)
- 12.20-1.00pm Lunch - FODMAP friendly**
- 1.00-5.00pm Afternoon Breakout Sessions:** 4 small workshop groups (12 per group)
All participants will rotate around 3 activities
The Practical Guidelines for Dietitians is an 80 minute session.
The Breath Testing Unit and Tour of Laboratories are 40 minutes each.
- 1.00-2.20pm Practical Guide for Dietitians/Testing for FODMAP malabsorption:
Breath testing Unit/FODMAP Analysis of foods- Tour of Laboratories.
- 2.20-2.50pm Afternoon tea - FODMAP friendly**
- 3.00-4.20pm Practical Guide for Dietitians/Testing for FODMAP malabsorption:
Breath Testing Unit/FODMAP Analysis of foods- Tour of Laboratories.
- 4.30 close**

LOCATION DETAILS

Venue:

Level 3, 5 Arnold Street, Box Hill
Corner of Arnold & Spring Streets
Melway Map 75A D2

Enter off Arnold Street, take lifts to Lvl 3

Parking:

Zones shown on map at right.
Please observe signs.

Public Transport:

Box Hill Railway Station and
Bus Hub highlighted in blue at right

