

Public Lecture 2015

Women's mental health: It's getting tougher



Mental ill health impacts on women twice as much as on men. Professor Jayashri Kulkarni is advocating for a national agenda focussed on women's mental health.

Professor Jayashri Kulkarni is a psychiatrist, Professor of Psychiatry and Director of the **Monash Alfred Psychiatry research centre** in CCS and Alfred Health, and an internationally renowned expert in the field. She has spent her career working in the public sector developing new treatments and new approaches specifically for women with psychosis, depression, anxiety, and trauma related psychological issues.



Violence against women is one of the factors that creates long lasting mental ill health in women, as does poor self-esteem, social disconnection, ongoing demoralisation, invalidation and a host of biological factors.



Professor Kulkarni is working to develop a national agenda focussed on women's mental health – which has been ignored in Australia and internationally.

As part of Mental Health Week 2015, she will present on the various factors influencing women's mental health, her research, and how a more tailored approach to treatment will help.

The event will be chaired by former Governor General, Dame Quentin Bryce, who will also be speaking on the issue of women's mental health.

Join us for drinks and nibbles before and afterwards.

Friday 9 October 2015

6–8pm

AMREP Lecture Theatre, between the Burnet & Baker IDI Institutes, 75–85 Commercial Rd, Melbourne 3004

This is a FREE event

Further Information

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RSVP for catering:

<https://goo.gl/4ijPEB>