

Medicine, Nursing and Health Sciences

Monash Rural Health

East & South Gippsland
Year 4C

Gippsland Regional Integrated Community Curriculum



MBBS Year 4C

The Gippsland Regional Integrated Community Curriculum (GRICC) involves the placement of Year 4C students medical students in local community medical practices for the entire academic year.

The curriculum includes the disciplines of Women's Health, Children's Health, Psychiatry, and General Practice.

Students undertaking this program have already spent a full year in clinical placement in a hospital environment. Students in the GRICC program gain their clinical experience in their allocated practice, in the local and regional hospitals, and in specialist outpatient departments.

In most circumstances, students are placed in general practices in pairs for the academic year. Where necessary, there are opportunities to rotate into other practices to meet the requirements of the curriculum. This could include sessions in antenatal care in practices offering obstetric services, women's

health or rotations to other primary care environments such as Aboriginal Medical Services, to complement their learning experience.

Practices and supervisors with responsibility for these placements are supported by the Monash Rural Health East & South Gippsland with both infrastructure support and ongoing funding for student supervision and administration.

On average, students spend up to four days per week rotating through clinical placements (including their supervising practice), with one or two days per week involved in peer learning tutorials, skills sessions and case discussions at a Monash Rural Health teaching site.

Monash Rural Health East & South Gippsland comprises three sites, Bairnsdale, Sale and South Gippsland. The Year 4C integrated program has been conducted in Bairnsdale for over 10 years, commenced in Sale in 2010 and in South Gippsland in 2013.



MONASH University

M8Alliance

Year 4C Gippsland Regional Integrated Community Curriculum

SALE

The Education Centre

Facilities at the Sale site include two tutorial rooms, a clinical skills simulation suite and student/staff amenities, all within the grounds of the Central Gippsland Health Service, Sale. The building also houses the Central Gippsland Health Service Learning Services Department and the Medical Library.

The Program

The GRICC program is a fully integrated curriculum in Women's and Children's Health, Psychiatry and General Practice. Students spend the full academic year based in practices in Sale (2), Heyfield, Yarram and Maffra, and immediately become part of the team in their practice. Currently, the program allocates eight places. Students also rotate through the Central Gippsland Health Service, the Heyfield and Maffra District Hospitals and Yarram District Health Service. Placements for acute psychiatry are at the Latrobe Regional Health Service (Traralgon).



The Medical Practices

Maffra Medical Group

The Group has seven GPs. It is a general medical practice with all doctors highly qualified and experienced providing a comprehensive range of services.



Heyfield Medical Centre

The Heyfield Medical Centre has three GPs and is co-located with Heyfield Hospital, an integrated site with ten acute Hospital beds, a 30 bed aged care hostel and 22 nursing home beds. An allied health suite is also on-site. The Heyfield

Medical Practice provides acute care with all procedures at the hospital. Obstetric shared-care is undertaken with patients being delivered in the larger centre of Sale.



Clocktower Medical Centre

There are seven GPs all of whom are highly qualified and experienced providing care in obstetrics, anaesthetics, paediatrics, women's health, men's health, aged care, emergency care, occupational health care, palliative care, minor surgery and wound management.



Yarram Medical Centre

The practice has two GPs and has shared location with the Yarram and District Health Service (YDHS). Its affiliation with YDHS ensures full access to a comprehensive range of services, many of which are located alongside the medical practice.



Sale Medical Centre

The practice has three GPs. The practice has specific interests, which include family practice, occupational medicine, forensic medicine, and medical options for the legal process. The range of procedures includes minor surgery.

The Hospital

Central Gippsland Health Service

Central Gippsland Health Service is the major provider of health services and residential aged care services in the Wellington Shire. It serves an immediate population of 42,000 in Central Gippsland, while acute specialist services reach a wider community in East Gippsland and parts of South Gippsland. Aged care services are also situated at Sale, Maffra and Heyfield.

The Curriculum – A typical week

Lectures, tutorials and clinical skills covering all four disciplines are conducted at the MRH site. Bedside tutorials are conducted in the Paediatric and Women's specialists rooms in addition to the Women's and Children's ward of the Central Gippsland Health Service. Your roster will include rotations in Paediatrics, Medicine of the Mind, Obstetrics and Gynaecology, General Practice, on-call duties, tutorial days and independent study days. General Practice will be at your designated clinic. Acute psychiatry rotations are at Latrobe Regional Health Service and community psychiatry is in Sale. Women's and Children's Health rotations are with the specialists at Sale.

The Sale Hospital has approximately 500 births each year and students will fulfil the required numbers of deliveries comfortably. Sale also has a level two special care nursery allowing opportunities for special neonatal care. Our tutors are local GPs, psychiatrists, obstetricians and paediatricians who also supervise your clinical placements.

Academic Support

The Sale site has an academic coordinator responsible for the implementation of the program who works closely with an academic supervisor and other academic staff at Bairnsdale, Sale and Leongatha. The program is supported by a number of highly experienced local clinicians.

Monash Rural Health also employs additional casual sessional tutors who assist with the delivery of the program.

LEONGATHA

Facilities at the South Gippsland site include tutorial rooms at Leongatha, Foster Medical Centre and Bass Coast Regional Health (Wonthaggi), with access to simulation learning opportunities.

The Program

The GRICC program is a fully integrated curriculum in Women's and Children's Health, Medicine of the Mind and General Practice. Students spend the full academic year based in practices in Wonthaggi (two) Korumburra, Leongatha and Foster and immediately become part of the team in their practice. Currently, the program allocates ten places.

Students also rotate through Bass Coast Regional Health (Wonthaggi), Gippsland Southern Health Service (Korumburra and Leongatha) and South Gippsland (Foster) Hospitals. Placements for acute psychiatry are at the Latrobe Regional Health Service, and Paediatric intensives are at West Gippsland Hospital (Warragul).

The Medical Practices



Foster Medical Centre

The practice provides comprehensive medical care including general medical examinations, care plans for people with complex care needs ECGs and spirometry, 24 hour emergency care, surgery, obstetrics and gynaecology, palliative care and visiting specialist services.



Korumburra Medical Centre

The practice has seven consulting rooms and a well-equipped procedure room. The practice provides a wide range of general practice services to a diverse population. It provides medical cover for the local rural hospital for both in-patient and out-patient care.



Wonthaggi Medical Group

The practice provides a wide range of medical services including comprehensive health assessment and management, geriatric health care, emergency medicine, 24 hour emergency care, surgery, obstetrics and gynaecology, palliative care and visiting specialist services, anaesthetics, general surgery and hospital inpatient care.



South Gippsland Family Medicine

The practice provides a wide range of medical services including ECG, spirometry, oximeter and surgical instrumentation. There is an onsite pathology service five days a week as well as two psychologists and an audiologist

visiting two days a week. There is also a sleep clinic that runs fortnightly. The practice has eight consulting rooms and a well-equipped procedure room.



Leongatha Healthcare Pty Ltd

This practice provides comprehensive medical care including general medical examinations, care plans for people with complex care needs, 24 hour emergency care, surgery, obstetrics & gynaecology, palliative care and visiting specialist services.

The Hospitals

South Gippsland Hospital

The South Gippsland Hospital has 16 acute care beds, as well as a fully equipped operating room, post-anaesthetic care and a central sterilising supply department. The theatre suite carries out approximately 600 procedures per year. Visiting and local surgeons and anaesthetists provide services on a regular basis.

In addition it has a three bed emergency/outpatients department, diabetes education, general medicine, gynaecology, maternity services, paediatrics and specialist services.

Gippsland Southern Health Services

There are two campuses: Korumburra hospital has 16 acute beds and 20 residential care beds; Leongatha hospital has 23 acute, seven obstetric and 36 aged care beds.

The service offers a range of acute services including chemotherapy, dermatology, diabetes education, general medicine, general surgery, geriatric evaluation and management, gynaecology, maternity services, operating theatres, ophthalmology, orthopaedic surgery, paediatrics, palliative care and specialist services.

Bass Coast Regional Health (Wonthaggi)

Bass Coast Regional Health is the major public healthcare provider within the Bass Coast Shire in South Gippsland. It is an integrated health service providing a range of acute, sub-acute, ancillary medical, aged and ambulatory care services. The 54 bed hospital is fully equipped to offer a broad range of specialist medical, surgical and obstetric services including orthopaedics, ophthalmology, gynaecology, paediatrics, urology and rehabilitation.

Aged residential services are provided in the 30 bed Armitage House nursing home, 30 bed Kirrak House nursing home and 29 bed Griffiths Point Lodge hostel.

The Curriculum – a typical week

Lectures, tutorials and clinical skills covering all four disciplines are conducted in the tutorial rooms spread across the region. Bedside tutorials are conducted in the hospitals. Your roster will include rotations in Paediatrics, Medicine of the Mind, Obstetrics and Gynaecology, General Practice, on-call duties, tutorial days and independent study days. General Practice will be at your designated clinic.

Acute psychiatry rotations are at Latrobe Regional Health Service and Community Psychiatry will be in Korumburra or Wonthaggi. Paediatric intensives are with paediatric specialists at West Gippsland Hospital.

Academic Support

The South Gippsland site has an academic coordinator responsible for the implementation of the program who works closely with an academic supervisor and other academic staff at Bairnsdale, Sale and Leongatha. The program is supported by a number of highly experienced local clinicians.

BAIRNSDALE

The Bairnsdale site is located in the grounds of the Bairnsdale Regional Health Service. Facilities include staff, academic and research offices, four large tutorial rooms (video conferencing available), a clinical simulation suite, and hallway clinic, student/staff amenities.

The medical library and the Bairnsdale Regional Health Service nurse educators, and the Federation University School of Nursing and Midwifery are also located in the School of Rural Health building.

The Program

The GRICC program is a fully integrated curriculum in Women’s and Children’s Health, Psychiatry and General Practice. Students spend the full academic year based in the practices in Bairnsdale, Lakes Entrance, Orbost, Omeo and Paynesville and immediately become part of the team in their practice. Placements can be affiliated with the Orbost Regional Health Service, Omeo District Health, Bairnsdale Regional Health Service and the Central Gippsland Health Service (Sale). Placements for acute psychiatry are at the Latrobe Regional Health Service (Traralgon).

The Medical Practices



Gippsland Lakes Community Health Centre, Lakes Entrance

The medical practice is co-located with a wide range of health professionals providing the opportunity to become part of a multidisciplinary health care team. The practice is well-equipped in order to facilitate a primary response to a range of medical emergencies. Outreach GP services are provided to Nowa Nowa Community Health and the Lake Tyers Aboriginal Trust and the township of Bruthen.



Bairnsdale Medical Group

This practice has 11 GPs. A range of diagnostic facilities are available. A range of associated services include the management of chronic disease, antenatal care, childhood immunisation and acupuncture. Elective and

emergency surgical procedures are performed at Bairnsdale Regional Health Service..



Orbost Medical Centre

Orbost Medical Centre is located adjacent and connected to the Orbost Regional Health Service. The practice has five GPs and offers a wide range of medical and surgical specialties including obstetrics, surgery, anaesthetics and emergency medicine. The practice also hosts John Flynn scholarship students and provides all medical services to the Orbost Hospital.

MacLeod Street Medical Centre, Bairnsdale



This practice has 13 GPs. Interests of the practice include; surgery anaesthetics (epidural and spinal), obstetric caesarean sections, counselling, acupuncture, sports medicine, industrial medical service, women’s health service and men’s health.



Cunninghame Arm Medical Centre, Lakes Entrance

There are six GPs and one registrar. The range of services include general medical care, 24 hour emergency care, palliative care, women’s health services, Hospital in the Home, minor surgery and practice nurses services. The practice is an integrated teaching practice with GP registrars, Prevocational General Practice Placements Program (PGPPP) doctors, medical students and John Flynn scholars.



Omeo District Health

Omeo District Health includes a modern medical practice providing general practice services to Omeo District Health, Ensay Community Health Centre and the Swifts Creek Bush Nursing Centre. Omeo District

Health is located in the Victorian high country, 430 km north-east of Melbourne on the Great Alpine Road.



The Gippsland & East Gippsland Aboriginal Cooperative (GEGAC)

GEGAC was established in 1973 and provides a full range of health and welfare services to the local Gunai/Kurnai people. All Indigenous people

living in or passing through the area can receive care from GEGAC's Aboriginal Medical Service. There is a close working relationship with the hospital Koori Liaison Officer.

Paynesville Medical Centre



This is a family-centred community based general practice with 3 GPs, a practice nurse and a well-equipped treatment room. Services include women's health, diabetic care and wound care with access to allied health services through Bairnsdale Regional Health Service.

The Hospitals

Bairnsdale Regional Health Service

Bairnsdale Regional Health Service is a 106-bed facility offering a range of acute medical and surgical care, dialysis and oncology treatment, outpatient services, 24 hour emergency department, obstetric services, inpatient rehabilitation, community primary and secondary services. A wide range of visiting specialist surgeons consult and operate at the hospital.

A diverse range of home based services, community health programs, and public dental services are provided through the Community Health Centre.

Orbost Regional Health

Orbost Regional Health provides acute, emergency, medical, surgical and obstetric services, and is a leader in the provision of small town rural birthing services in Victoria. Boasting an array of community health, welfare and aged care services, Orbost Regional Health offers a service delivery system to an area covering one million hectares across far East Gippsland. The hospital has 15 acute beds and 15 nursing home beds and services 5000 patients throughout the region.

Omeo District Health

Omeo District Health has grown from a district hospital and now maintains full accreditation status from the Australian Council on Healthcare Standards.

The aged care facility consists of ten high level care and four low level care residential aged care beds. There are four acute illness beds (hospital care) and two renal dialysis chairs. Omeo District Health has an emergency stabilisation facility, which receives and treats patients who are in need of urgent medical attention.

The Curriculum – a typical week

Lectures, tutorials and clinical skills covering all four disciplines are conducted at the Bairnsdale site. Bedside tutorials are conducted at various hospital sites. Your timetable will include rotations in Paediatrics, Psychiatry, Obstetrics and Gynaecology, General Practice, on-call duties, tutorial days and independent study days. General Practice will be at your designated clinic. Acute psychiatry rotations are

at Latrobe Regional Health, Traralgon and Community Psychiatry is in Bairnsdale. Women's and Children's Health rotations are with the specialists either at Sale and/or Bairnsdale Hospitals. Overnight accommodation is provided in Sale and Traralgon. The Bairnsdale Hospital has approximately 350 births and Orbost Hospital 50-60 births annually. Students fulfil the required numbers of deliveries with ease. Our tutors are local GPs, psychiatrists, obstetricians and paediatricians who also supervise your clinical placements.

Academic support

The program is supported by a number of highly experienced local clinicians. The school also employs additional casual sessional tutors who assist with the delivery of the program.

Monash Rural Health East & South Gippsland

East & South Gippsland conducts Rural Emergency Skills workshops regularly for medical students, interns, and registrars. Interprofessional education and training is a primary function of the clinical school.

- Videoconferencing is available across all education centres.
- Subsidised modern housing is available at all sites which includes capped internet and all utilities.
- Rural placements are challenging without a reliable vehicle.

Contact us

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