

The NEWS SPLASH!

Southeast **P**eninsula, **L**atrobe
Regional **H**ealth, **A**lfred & **S**outhern
Health **T**raining **N**ews
(SPLASH represents the growing ripple effect of
training and education)

Date: 26 February 2013

Welcome to 'The News SPLASH!'

What's happening in training and in the SPLASH cluster.

This newsletter will have several sections:

[Training News](#) - What training is happening?

- o Local Training in February - May See pg 2 plus
- o Seminar pg 8
- o PPL Fee for Service workshops pg 9
- o Article review pg 9
- o Conferences pg 11
- o Allied Health Grad Program pg 12

Recovery

Time: 8:30am, 8 March

Presenter: Peninsula Health

Venue: The Blue Room on level 1 in the
mental health area, Frankston Hospital

Register: lmcintyre@phcn.vic.gov.au

Assessment Workshop

(Dual Disability)

Date 19th March **Time:** 9.30-12.30

Presenter: Victorian Dual Disability Service
(VDDS)

Venue: St Vincent's Health Fitzroy

Register: <http://www.med.monash.edu.au/spppm/research/southernsynergy/workforceprogram/cluster/trainingcalendar.html>

Allied Health

Graduate Program

Details page 14

For further details or to register to
attend the full program or
individual components, please
contact Lina Wilson on 9288 2194
or at Lina.Wilson@svhm.org.au

For the full 2010 Training Calendars please go to:

<http://www.med.monash.edu.au/spppm/research/southernsynergy/workforceprogram/cluster/trainingcalendar.html>

Out beyond the ideas of right-doing and wrong-doing, there lies a field. I'll meet you there.

Local Training

February	
4 th & 5 th	<p>Youth Mental Health First Aid course</p> <p>Cost is \$160pp (\$50pp for not for profit community groups) plus GST - BYO lunch & snacks. You will be required to attend the full 14 hours in order to obtain a certificate of completion. A minimum of 8 participants is required for course to proceed</p> <p>Time: 8.30am – 5pm</p> <p>Presenter: Latrobe Regional Hospital Mental Health Services</p> <p>Venue: Sale (TBA room)</p> <p>Register: jhollingsworth@lrh.com.au</p>
6 th	<p>CRISIS</p> <p>Time: 8:30am – 4:30pm</p> <p>Presenter: Peninsula Health</p> <p>Venue: The Blue Room on level 1 in the mental health area, Frankston Hospital</p> <p>Register: lmcityre@phcn.vic.gov.au</p>
7 th (& 8 th)	<p>CARE (Communication And non-violent Response Education) – Day 1</p> <p>Mental Health Inpatient (Flynn) & ED Nurses, Security & Hospital Attendants only</p> <p>Time: 9:00am – 4:30pm</p> <p>Venue: LV CMHS</p> <p>Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST</p> <p>Register: jgannon@lrh.com.au</p>
8 th	<p>CARE (Communication And non-violent Response Education) – Day 2</p> <p>Mental Health Inpatient (Flynn) & ED Nurses, Security & Hospital Attendants only</p> <p>Time: 9:00am – 4:30pm</p> <p>Venue: LV CMHS</p> <p>Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST</p> <p>Register: jgannon@lrh.com.au</p>
8 th	<p>Recovery</p> <p>Time: 8:30am</p> <p>Presenter: Peninsula Health</p> <p>Venue: The Blue Room on level 1 in the mental health area, Frankston Hospital</p> <p>Register: lmcityre@phcn.vic.gov.au</p>

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12th

ASIST (Applied Suicide Intervention Skills Training) – Two Day Workshop

Time: 8:30am – 4:30pm

Venue: Latrobe Valley Community, Mental Health Services, 20 Washington Street, Traralgon 3844

Cost: External agencies - \$275pp plus GST, Community groups - \$50pp plus GST

Register: jgannon@lrh.com.au

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CARE (Communication And non-violent Response Education) – Refresher Course

All IRH Staff

Time: 9:00am – 12:00pm

Venue: Korumburra CMHS

Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST

Register: jgannon@lrh.com.au

March

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CARE (Communication And non-violent Response Education) – Refresher Course

Mental Health Inpatient (Flynn) & ED Nurses, Security & Hospital Attendants only

Time: 8:30am – 4:30pm **Venue:** LV CMHS

Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST

Register: jgannon@lrh.com.au

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ASIST (Applied Suicide Intervention Skills Training) – Half Day Tune-Up

Time: 9:30am – 1:30pm

Venue: LV CMHS – 20 Washington St, Traralgon

Cost: External agencies - \$55pp plus GST, Community groups - \$20pp plus GST

Register: jgannon@lrh.com.au

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A Day of Mindfulness

Time: 10:00am – 3:00pm

Venue: Monash Uni, Building 1, Rm 4

Register: southern.synergy@monash.edu

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Assessment Workshop

Time: 9.30-12.30

Presenter: Victorian Dual Disability Service (VDDS)

Venue: St Vincent's Health Fitzroy

Register: <http://www.med.monash.edu.au/spppm/research/southernsynergy/workforceprogram/cluster/trainingcalendar.html>

<p>19th</p>	<p>CARE (Communication And non-violent Response Education) – Refresher Course All IRH Staff Time: 9:00am – 12:00pm Venue: LV CMHS Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST Register: jgannon@lrh.com.au</p>
<p>20th & 21st</p>	<p>Mental Health First Aid Course – 2 Days This 12 hr course teaches members of the public 1st Aid skills for helping people experiencing a mental health crisis, mental health problems or the early stages of a mental illness. Time: 8:30am - 5:00pm Presenter: Ian Garde Primary Mental Health Team, Latrobe Regional Hospital Venue: 'Pet it Centre' West Gippsland Health Service, 31-35 Gladstone Street, Warragul Register: vcunningham@lrh.com.au Cost: External agencies - \$160pp plus GST, Community groups - \$50pp plus GST Catering: BYO lunch & snacks - fridge & microwave available</p>
<p>28th</p>	<p>IPU Intermediate Suicide Training Time: 9:30am-4.30pm Presenter: John Julian Venue: AMREP Class Room 2, The Alfred Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=681</p>



April

<p>11th & (12th)</p>	<p>CARE (Communication And non-violent Response Education) – Day 1 Mental Health Inpatient (Flynn) & ED Nurses, Security & Hospital Attendants only Time: 9:00am – 4:30pm Venue: LV CMHS Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST Register: jgannon@lrh.com.au</p>
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<p>th 12</p>	<p>CARE (Communication And non-violent Response Education) – Day 2 Mental Health Inpatient (Flynn) & ED Nurses, Security & Hospital Attendants only Time: 9:00am – 4:30pm Venue: LV CMHS Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST Register: jgannon@lrh.com.au</p>
<p>th 16</p>	<p>CARE (Communication And non-violent Response Education) All IRH Staff Time: 8:30am – 4:30pm Venue: Sale CMHS Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST Register: jgannon@lrh.com.au</p>
<p>th 16</p>	<p>Open up the Medication day Time: 9:00am – 5:00pm Presenter: Shelley Anderson Venue: The Alfred, classroom Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=641</p>
<p>th 17</p>	<p>CRISIS Time: 8:30am – 4:30pm Presenter: Peninsula Health Venue: The Blue Room on level 1 in the mental health area, Frankston Hospital Register: lmcityre@phcn.vic.gov.au</p>
<p>th 17</p>	<p>Partners in Depression Time: 6pm – 9pm Presenter: Latrobe Regional Hospital Venue: Sale Register: jhollingsworth@lrh.com.au or www.partnersindepression.com.au</p>
<p>th 19</p>	<p>CARE (Communication And non-violent Response Education) – Refresher Course Time: 8:30am – 4:30pm Venue: LV CMHS Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST Register: jgannon@lrh.com.au</p>

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Youth Mental Health First Aid course

Cost is \$160pp (\$50pp for not for profit community groups) plus GST - BYO lunch & snacks. You will be required to attend the full 14 hours in order to obtain a certificate of completion. A minimum of 8 participants is required for course to proceed

Time: 8.30am – 5pm

Presenter: Latrobe Regional Hospital Mental Health Services

Venue: Sale (TBA room)

Register: jhollingsworth@lrh.com.au

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Partners in Depression

Time: 6pm – 9pm

Presenter: Latrobe Regional Hospital

Venue: Sale

Register: jhollingsworth@lrh.com.au or
www.partnersindepression.com.au

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Partners in Depression

Time: 6pm – 9pm

Presenter: Latrobe Regional Hospital, Sale

Register: jhollingsworth@lrh.com.au or
www.partnersindepression.com.au

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Partners in Depression

Time: 6pm – 9pm

Presenter: Latrobe Regional Hospital, Traralgon

Register: jhollingsworth@lrh.com.au or
www.partnersindepression.com.au

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Intermediate suicide training at LRJMHS

Time: 9:00am – 5:00pm

Presenter: John Julian

Venue: Latrobe Regional Hospital

Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=644

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Partners in Depression

Time: 6pm – 9pm

Presenter: Latrobe Regional Hospital, Sale

Register: jhollingsworth@lrh.com.au or
www.partnersindepression.com.au

13 th & 20 th	<p>Clinical Supervision – 2 Day workshop Time: 9:00 – 5:00pm Presenter: SPLASH Venue: Latrobe Regional Hospital Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=684</p>
14 th	<p>Partners in Depression Time: 6pm – 9pm Presenter: Latrobe Regional Hospital, Traralgon Register: jhollingsworth@lrh.com.au or www.partnersindepression.com.au</p>
15 th	<p>Bouverie Family Consultation/Single Session training – 2 day training – Day 1 Time: 9:00am – 5:00pm Presenter: The Bouverie Centre Venue: Monash Uni, Bldg 1, Room 3, Notting Hill Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=661</p>
16 th & 17 th	<p>ASIST (Applied Suicide Intervention Skills Training) – Two Day Workshop Time: 8:30am – 4:30pm Venue: Lifeline, Cnr Church/Fleming St, Morwell Cost: External agencies - \$275pp plus GST, Community groups - \$50pp plus GST Register: jgannon@lrh.com.au</p>
20 th	<p>CARE (Communication And non-violent Response Education) All IRH Staff Time: 8:30am – 4:30pm Venue: Wonthaggi CMHS Cost: External agencies - \$250pp plus GST, Community groups - \$50pp plus GST Register: jgannon@lrh.com.au</p>
21 st	<p>Management of mental illness in people with Intellectual Disability Time: 9.30-12.30 Presenter: Victorian Dual Disability Service (VDDS) Venue: St Vincent's Health Fitzroy Register: http://www.med.monash.edu.au/spppm/research/southernsynergy/workforceprogram/cluster/trainingcalendar.html</p>

<p>st 21</p>	<p>Orientation to Mental Health Time: 9.30am – 4.30pm Presenter: John Julian Venue: Monash Uni, Bldg 1, Room 3, Nott ing Hill Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=701</p>
<p>st 21</p>	<p>Partners in Depression Time: 6pm – 9pm Presenter: Latrobe Regional Hospital, Traralgon Register: jhollingsworth@lrh.com.au or www.partnersindepression.com.au</p>
<p>nd 22</p>	<p>Bouverie Family Consultation/Single Session training – 2 day training – Day 2 Time: 9:00am – 5:00pm Presenter: The Bouverie Centre Venue: Monash Uni, Bldg 1, Room 3, Nott ing Hill Register: http://spppm-cf.med.monash.edu.au/southernsynergy/form.cfm?workshop_id=661</p>

Seminar:

Examining the neural underpinnings of error awareness: implications for psychiatric disturbances to insight.

Location: Clayton Campus, Building 17, Level 6, Colloquium Room No. 653

Date: Friday 22 March

Time: 3pm - 4pm

Summary

How the brain monitors ongoing behaviour for performance errors is currently of great interest to cognitive neuroscience. Diminished awareness of performance errors limits the extent to which humans engage in corrective behaviour and has been linked to loss of insight in a number of psychiatric syndromes. Associate Professor Rob Hester will introduce his recent research, which examines the neural mechanisms underlying error awareness, how they are impaired in conditions such as drug dependence, and what implications this has for clinical and behavioural symptoms.

Fee for Service

PPL are offering the following:

Trauma, PTSD and Vulnerable Personalities

26 March 2013 – The Rendezvous Hotel, MELBOURNE **New!**

Presenter: Dr Lisa Warren, Clinical/ Forensic Psychologist

Download full details at <http://www.pplededucation.com.au/brochures/PTSD-Personality-Mel260313.pdf>

Preventing, Managing and Intervening in Workplace Bullying Complaints

28 March 2013 – The Rendezvous Hotel, MELBOURNE (Strictly limited to 25 participants) **New!**

Presenter: Dr Moira Jenkins, Psychologist and Mediator

Download full details at <http://www.pplededucation.com.au/brochures/MediatingWorkplaceBullying-Mel280313.pdf>

Day 1- Schema Therapy: A Practical Introduction to the Model and Techniques

23 April 2013 – The Rendezvous Hotel, MELBOURNE

Day 2- Schema Therapy Masterclass: Working with Maladaptive Modes

24 April 2013 – The Rendezvous Hotel, MELBOURNE

Presenter: Dr Tracey Hunter, Clinical Psychologist

Download full details at <http://www.pplededucation.com.au/brochures/Schema-Therapy-2-day.pdf>

Visit PPL to enrol: <http://www.pplededucation.com.au>

Review article

“How is it possible to have 100 patients with schizophrenia and each one has a different genetic mutation that causes the disorder?” asks Stachowiak, the lead author in an article on schizophrenia in

Stachowiak states it’s possible because one neurodevelopmental pathway known as Integrative Nuclear FGFR1 Signaling (INFS) integrates diverse neurological signals that control the development of embryonic stem cell and neural progenitor cells, and links pathways involving schizophrenia-linked genes. In essence, the INFS acts like a conductor of an orchestra. In an orchestra if one musician, and it doesn’t matter which one, plays out or sync, it brings down the whole piece and that’s what happens with the INFS – if one is out the whole brain is out of tune.

Schizophrenia: A neurodevelopmental disorder — Integrative genomic hypothesis and therapeutic implications from a transgenic mouse model

M.K. Stachowiak, A. Kucinski, R. Curl, C. Syposs, Y. Yang, S. Narla, C. Terranova, D. Prokop, I. Klejbor, M. Bencherif, B. Birkaya, T. Corso, A. Parikh, E.S. Tzanakakis, S. Wersinger, E.K. Stachowiak

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Schizophr Res. 2013 Feb;143(2-3):367-76. doi: 10.1016/j.schres.2012.11.004. Epub 2012 Dec 8.

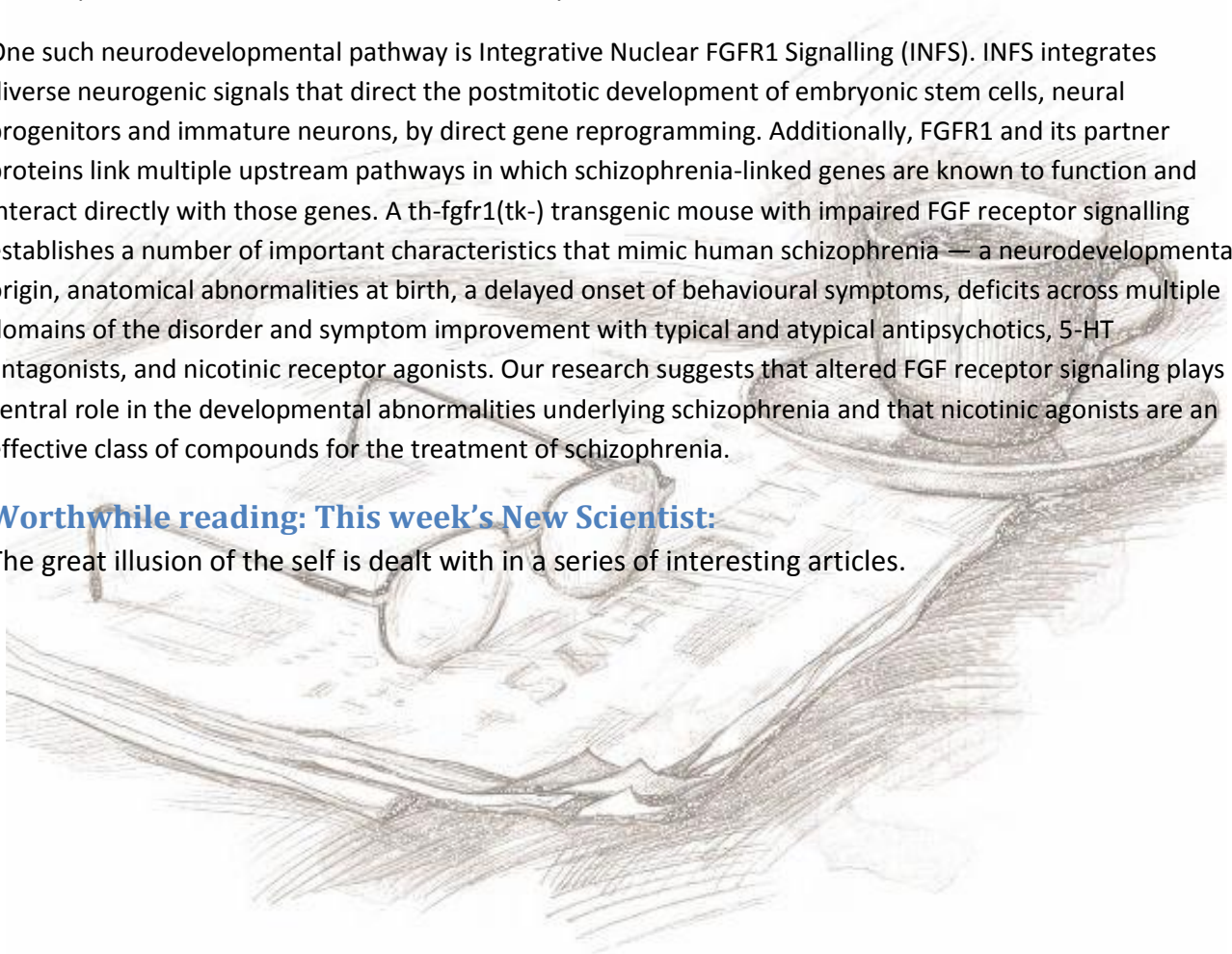
Abstract

Schizophrenia is a neurodevelopmental disorder featuring complex aberrations in the structure, wiring, and chemistry of multiple neuronal systems. The abnormal developmental trajectory of the brain appears to be established during gestation, long before clinical symptoms of the disease appear in early adult life. Many genes are associated with schizophrenia, however, altered expression of no one gene has been shown to be present in a majority of schizophrenia patients. How does altered expression of such a variety of genes lead to the complex set of abnormalities observed in the schizophrenic brain? We hypothesize that the protein products of these genes converge on common neurodevelopmental pathways that affect the development of multiple neural circuits and neurotransmitter systems.

One such neurodevelopmental pathway is Integrative Nuclear FGFR1 Signalling (INFS). INFS integrates diverse neurogenic signals that direct the postmitotic development of embryonic stem cells, neural progenitors and immature neurons, by direct gene reprogramming. Additionally, FGFR1 and its partner proteins link multiple upstream pathways in which schizophrenia-linked genes are known to function and interact directly with those genes. A *th-fgfr1(tk-)* transgenic mouse with impaired FGF receptor signalling establishes a number of important characteristics that mimic human schizophrenia — a neurodevelopmental origin, anatomical abnormalities at birth, a delayed onset of behavioural symptoms, deficits across multiple domains of the disorder and symptom improvement with typical and atypical antipsychotics, 5-HT antagonists, and nicotinic receptor agonists. Our research suggests that altered FGF receptor signaling plays a central role in the developmental abnormalities underlying schizophrenia and that nicotinic agonists are an effective class of compounds for the treatment of schizophrenia.

Worthwhile reading: This week's New Scientist:

The great illusion of the self is dealt with in a series of interesting articles.



Conferences

[Australian Mindfulness Science and Practice Conference](#), Melbourne (at the Sebel Albert Park) 1 March – 2 March.

Webpage: <http://www.mindfulness.conorg.com.au>

[ASC 2013, 12th Biennial Australasian Schizophrenia Conference](#) *State Library of Victoria Conference Centre 13 May – 14 May*

Think Differently!

The Australasian Schizophrenia Conference promises to stand out as a memorable research and clinical meeting to advance knowledge and translation of information into practice for people with schizophrenia and bipolar disorder. For the first time in the history of the Australasian Schizophrenia Conference we are providing a focus on bipolar disorders, moving towards an integrated approach to psychosis. It will also provide new challenges for clinicians, researchers and policy makers in a historic Melbourne venue.

Satellite workshops include: Cognition Constructs and Women's Mental Health.

Abstract submission is now open! For more information and to register, visit www.asc2013.com.

Location: State Library of Victoria Conference Centre, Entry 3

Date: 13 May – 14 May

Webpage: www.asc2013.com

Health Informatics: Digital Health Service Delivery - the Future is Now!

The Health Informatics Society of Australia (HISA) is pleased to invite you to participate in HIC 2013, Australia's Health Informatics Conference, to be held from 15 July - 18 July 2013 in Adelaide at the Adelaide Convention Centre, with the primary theme of ***Digital Health Service Delivery - The Future Is Now!***

Webpage: <http://www.hisa.org.au/page/hic2013> for details and registration.

2013 NEVIL / SPLASH Allied Health Graduate Program

Purpose of the Allied Health Graduate Program

1. To ensure that allied health graduates are provided with appropriate training related to specific mental health issues in their initial year of training.
2. To supplement the online training available through MHPOD.

For further details or to register to attend the full program or individual components, please contact Lina Wilson on 9288 2194 or at Lina.Wilson@svhm.org.au

DAY	Topic	MHPOD Topics for Pre reading	Duration	Presenters
Day 1 Thur 21 st Feb	Introduction to mental health	MH Act	½ day	Zoe Edmonds Lina Wilson
	MSE/ Crisis assessment and mgmt.	Risk Assessment and Management MH Histories and MSE	½ day	Megan Svenson / Dennis Anson
Day 2 Thur 21 st Mar	Consumer rights and ethics	Consumer Identity and Advocacy Confidentiality and privacy in Practice MH Care and Human Rights Professional Ethics	1 day	David Brophy /Peter Consumer
Day 3 Thur 18 th Apr	Families and children	Carer Advocacy	½ day	Zoe Edmonds
	Carer Sensitive Practice		½ day	David Brophy
Day 4 Thur 16 th May	Physical Health		½ day	Dr Dom Baetens
	Psychopharmacology		½ day	Nga Tran
Day 5 Thur 20 th June	Motivational Interviewing	Dual Diagnosis Impact of Medical Conditions	1 day	NEXUS
Day 6	Assessment /formulation	Formulation	½ day	Maria Haydock

Thur 18 th July		Bio-psychosocial factors		
	Transcultural values and Practice	Cultural Awareness Culturally Sensitive Practice	½ day	VTPU
Day 7 Thur 15 th Aug	Recovery	Therapeutic Engagement Recovery Recovery based practice	1 day	Richard Howard Corinne Owens
Day 8 Thur 19 th Sep	Professional Resilience (including: professional identity, team dynamics, self-management, self-management, communicating effectively)	N/A	1 day	To be advised
Day 9 Thur 17 th Oct	Psycho-therapeutic intervention	N/A	1 day	John Julian
	Group Work	N/A	1 day	Greg Coman/ Zoe Edmonds
Day 10 Thur 21 st Nov	Site visits	N/A	1 day	Greg Coman

Graduate Training Program

- Presenters need to be aware the content of the MHPOD sessions and use this to inform the training they present.
- The training should provide brief overview of topic; however focus on, reflective, integrative, experiential and practical learning opportunities that are not provided through the online training.