

# Clinical Anatomy for Physiotherapists (CAP) – postgraduate courses

[www.med.monash.edu.au/anatomy](http://www.med.monash.edu.au/anatomy)

The Monash University Department of Anatomy and Developmental Biology with the support of the Musculoskeletal Physiotherapy Association (MPA) is pleased to offer postgraduate courses in Clinical Anatomy for Physiotherapists. The courses will provide postgraduate training in anatomy for graduates wishing to advance their anatomical knowledge. Though designed for physiotherapists, the courses are open to graduates from any allied health discipline at any appropriate professional stage.

The courses will be taught by experienced anatomists and relevant specialist physiotherapists/medical staff. It will involve use of the facilities in the anatomy museum, the dissection room and the practical rooms at the Clayton campus.

## The courses offer two modules:

### 1. Introduction to anatomy and the lower limb

**Dates:** Semester 1  
Tuesday 2 March to Tuesday 1 June, 2010

**Venue:** Department of Anatomy and Developmental Biology  
Building 13C  
Clayton campus  
Monash University

**Cost:** \$990 including GST  
(refundable if quota of 12 attendees are not registered)  
\$880 including GST (MPA members)

### 2. The spine and upper limb

**Dates:** Semester 2  
Tuesday 20 July to Tuesday 12 October, 2010

**Venue:** Department of Anatomy and Developmental Biology  
Building 13C  
Clayton campus  
Monash University

**Cost:** \$880 including GST  
(refundable if quota of 12 attendees are not registered)  
\$770 including GST (MPA members)

The modules, consisting of 13 sessions in semester 1 and 11 sessions in semester 2, are held on Tuesday evenings from 5–8 pm and will cover the musculoskeletal anatomy of those regions in addition to clinical relevance.

The modules may be taken independently or together, with participants having access to the anatomy museum during the sessions. The courses will not involve cadaveric dissection, but will include examination of a systematically prosected cadaver, wet specimens, potted specimens, plastinated specimens, bones, models, radiographic images and photographs. Formative assessment will also be offered.

Attendees will receive a CD of relevant software (dissectional, radiographic and surface anatomy images) and a comprehensive syllabus. Each participant will also receive a copy of the new anatomy text *General Anatomy – Principles and Applications* (McGraw-Hill 2008) as well as an 'An@tomedia' CD. Participants completing the courses will receive a Certificate of Attendance.

**Registration for 'Introduction to anatomy and the lower limb' is due by:**

Monday 15 February, 2010

**Registration for 'The spine and upper limb' is due by:**

Monday 5 July, 2010

**To register, go to the following link:**

<http://ecommerce.med.monash.edu.au/categories.asp?cID=1>

### Format of the sessions

- 5 – 6 pm** Anatomy lecture
- 6 – 6.45 pm** Applied anatomy demonstration involving prosected cadaver, wet specimens, potted specimens, plastinated specimens, bones, radiographic images and photographs
- 6.45 – 7 pm** Light refreshments
- 7 – 8 pm** Lecture from relevant clinical expert

## 1. Introduction to anatomy and the lower limb

Week 1	02/03/2010	Introduction to anatomy and to bones
Week 2	09/03/2010	Introduction to joints and muscles
Week 3	16/03/2010	The gluteal region
Week 4	23/03/2010	The hip and adjacent joints
Week 5	30/03/2010	The posterior thigh
Week 6	13/04/2010	The medial thigh
Week 7	20/04/2010	The anterior thigh
Week 8	27/04/2010	The knee joint
Week 9	04/05/2010	The anterior and lateral leg
Week 10	11/05/2010	The posterior leg
Week 11	18/05/2010	The ankle and intertarsal joints
Week 12	25/05/2010	The foot
Week 13	01/06/2010	Revision and formative assessment

## 2. The spine and upper limb

Week 1	20/07/2010	The lumbar and sacral spine
Week 2	27/07/2010	The cervical and thoracic spine
Week 3	03/08/2010	The joints of the pectoral girdle
Week 4	10/08/2010	The shoulder joint
Week 5	24/08/2010	The axilla
Week 6	31/08/2010	The arm
Week 7	07/09/2010	The elbow joint and cubital fossa
Week 8	14/09/2010	The forearm extensors and wrist joint
Week 9	21/09/2010	The forearm flexors
Week 10	05/10/2010	The hand
Week 11	12/10/2010	Revision and formative assessment

### Further information

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